

Year 4 Long Term Plan PHSE - Linked to SCARF

Purple = Inform Parents

Green = Whole School

Blue = E-Safety Scheme

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<u>Autumn A</u> <u>Me and My Relationships</u>	Demonstrate strategies for working on a collaborative task SCARF: Human Machines	Explain what we mean by a 'positive, healthy relationship' SCARF: OK or not Ok p1	Recognise that there are times when they might need to say 'no' to a friend. SCARF: Ok or not ok p2	Describe 'good' and 'not so good' feelings and how feelings can affect our physical state. SCARF: Email from Harold	Identify a wide range of feelings. SCARF: Different Feelings	Keeping Safe and dealing with Peer Pressure Lucinda and Godfrey	Show Racism the Red Card: Define the word respect and demonstrate ways of showing respect to others' differences. SCARF: The people we share our world with.
<u>Autumn B</u> <u>Valuing Differences</u>	Recognise that they have different types of relationships with people they know SCARF: Friend or acquaintance?	Recognise potential consequences of aggressive behaviour SCARF: What would I do?	Anti Bullying Week: Give examples of strategies to respond to being bullied, including what people can do and say SCARF: Under Pressure	Define the terms 'negotiation' and 'compromise' SCARF: Can you sort it?	Understand and identify stereotypes, including those promoted in the media. SCARF: That is such a stereotype!	Understand that they have the right to protect their personal body space. SCARF: Islands	
<u>Spring A</u> <u>Keeping Safe</u>	Understand that medicines are drugs SCARF: Check the label	Define the terms 'danger', 'risk' and 'hazard' and explain the difference between them SCARF: Danger, Risk or Hazard	Describe stages of identifying and managing risk SCARF: Keeping ourselves safe	Define what is meant by the word 'dare' SCARF: How dare you!	Child Mental Health Week & E-Safety Day Identify images that are safe/unsafe to share online SCARF: Picture Wise	Explain the role of the bystander and how it can influence bullying or other anti-social behaviour	

						SCARF: Safety in numbers	
<u>Spring B</u> <u>Rights and Respect</u>	Understand that we can be influenced both positively and negatively. SCARF: Raisin Challenge	Recognise that reports in the media can influence the way they think about a topic. SCARF: In the News!	Explain how different people in the school and local community help them stay healthy and safe SCARF: Who helps us to keep healthy and safe?	Understand that humans have rights and also responsibilities SCARF: It's your right!	Understand the reason we have rules SCARF: How do we make a difference?		
<u>Summer A</u> <u>Being my Best!</u>	Identify ways in which everyone is unique. SCARF: What makes me Me!	Recognise that there are times when they will make the same choices as their friends and times when they will choose differently SCARF: Making Choices	Understand the ways in which they can contribute to the care of the environment SCARF: Harold's Seven Rs	Define what is meant by the word 'community'. SCARF: My School Community	Concept of basic first aid SCARF: Basic First Aid		
<u>Summer B</u> <u>Growing and Changing</u>	Name some positive and negative feelings SCARF: My Feelings are all over the place!	Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret SCARF: Secret or Surprise	Understand that marriage is a commitment to be entered into freely and not against someone's will; SCARF: Together	Enterprise Week: Harold's Expenses Who Pays taxes	Describe some of the changes that happen to people during their lives SCARF: Moving House		Transition Activities