

Year 2 Long Term Plan PHSE - Linked to SCARF

Purple = Information to Parent

Green = Whole School

Blue = E-Safety Scheme

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<u>Autumn A</u> <u>Me and My Relationships</u>	<u>Gerald's first day</u> I know how to make our class a safe, kind, happy place using our rules. Establish how we can be caring friends to each other.	Emotions Name / recognise emotions. Sort into physical feelings and emotions. Sort positive /negative. Talk about what loneliness, jealousy etc feel like	Name/ discuss emotions from images, relate to own lives. I can recognise when I or someone else feels sad or scared. I know who to talk to.	Talk about weak/ strong emotions. How do we cope with emotions that become overwhelming? What if an adult I know has strong emotions?	What are the qualities of a good friend and friendship? How do good friendships make us feel?	Getting on and falling out. How can we overcome conflicts in our friendships?	<u>Racism</u> Show racism the red card- explore the concept of racism and create posters.
<u>Autumn B</u> <u>Valuing Differences</u>	Identify/ respect similarities/ diff in friends: physical, cultural, family appearance, religion, language, preference, opinions.	Share mind maps of our special people. Note that our families and the wider world may all look different but we respect differences.	ANTI-Bullying Week Bullying: What is bullying, emotions involved for bully and victim, what to do, who to tell, compare to positive friendships. Link to SCARF - Bullying or teasing	Stereotypes Question stereotypes particularly male and female.	Stereotypes The Frog and the stranger- question stereotypes about race and culture	SCARF: When someone is feeling left out.	I can make someone feel good by giving a compliment. Talk about the power of what we say to each other in our relationships

<p><u>Spring A</u></p> <p><u>Keeping Safe</u></p>	<p><u>Include Harold's Picnic story</u></p> <p>Why and how we use medicines and difference between drugs and food. Rules in your home.</p>	<p>SCARF: How safe would you feel?</p> <p>Safe/unsafe Scenarios</p>	<p>SCARF: What should Harold say?</p> <p>Introduce vocab yes, no, I'll ask, I'll tell</p>	<p>Body parts and privacy/ safe touching. What to do if you feel uncomfortable or unsafe. NSPCC Pants rule.</p>	<p>Child Mental Health Week & E-safety Day</p> <p>Appropriate touch SCARF: Fun or not Fun?</p>	<p>Safe and unsafe secrets</p>	
<p><u>Spring B</u></p> <p><u>Rights and Respect</u></p>	<p>How do I know if something is or isn't my fault including aspects of safety.</p>	<p>Link to SCARF When I Feel like erupting</p> <p>I know when I am bored/frustrated/angry and how to deal with it. I know that negative emotions are a healthy part of life but who to ask for help.</p>	<p>SCARF: Feeling Safe</p> <p>Scenarios for chn to identify people who can help.</p>	<p><u>E safety</u></p> <p>Time spent online. Traffic light websites and why web sites are age restricted.</p>	<p>Cyber bullying: To know that the internet can be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health. To know who to ask for help and how to report/ block</p>	<p>SCARF: Harold Saves for something special</p>	
<p><u>Summer A</u></p> <p><u>Being my Best!</u></p>	<p>SCARF: You can do it!</p>	<p><u>Germs-</u> understand how diseases are spread. Link to vaccinations see SCARF Harold's postcard</p>	<p><u>The Smell Monster</u> Cleanliness, bathing, teeth brushing</p> <p>Lucinda and Godfrey</p>	<p><u>Sleep</u> Discuss importance of sleep/ track our bedtime routines and sleep habits</p>	<p><u>Drinks</u> Healthy /unhealthy drink choices WATER</p>	<p>SCARF: Basic First Aid</p>	
<p><u>Summer B</u></p> <p><u>Growing and Changing</u></p>	<p><u>SCARF: My body your body</u></p> <p>Lucinda and Godfrey Link</p>	<p>SCARF: Respecting Privacy</p> <p>Lucinda and Godfrey link</p>	<p>SCARF: Some Secrets should never be kept!</p>	<p>Recognise healthy family life, commitment to each other, in</p>	<p>Family: Difficult decisions for adults such as divorce and working away.</p>		<p>Transfer Day Prep</p>

			Lucinda and Godfrey Link	hard times, protection and care for children and others, importance of spending time together and sharing each other's lives. To know that stable, caring relationships, are at heart of happy families, and important for chns security To recognise if relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed	(Pilgrim or Wils story) Address the concept of marriage		
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